Some Timely Advice Part 1

Alex: Well, frankly, I’m not surprised you’re feeling overwhelmed. I know, because I was feeling pretty overwhelmed myself last year after the merger. And you’re right—it is hard to keep your focus, remain productive, and keep your team motivated when things are constantly changing.

You know, sometimes we think we’re the only ones who should take action. But leadership is really about being a catalyst—someone who sparks action without being used up. Catalyst leaders interact with people in ways that enable them to meet objectives and get results.

It’s about creating an environment of respect, trust, and involvement—one that energizes and mobilizes people and builds their commitment to achieving objectives. In fact, I have a short self-assessment here that describes this further. After you’ve completed it, let’s talk about it and some skills that I think might help you.